



“Helping Members Help Themselves since 1983”

Loss Control Training Resource Library Index

MPR is pleased to make available the following materials at no charge to MPR Members.

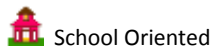
When requesting an item from the library, please keep in mind that they are available on a first request basis. Also, please allow time between when you make your request, and the meeting you are requesting the program for to ensure your request can be fulfilled.

If you desire a DVD or other training materials for topics not listed, contact MPR and we may be able to provide assistance through another source.

When using any of the materials listed below, there are a few points we ask that you keep in mind:

- *Videos should not be kept more than two weeks (unless prior arrangements are made)*
- *No more than two videos should be requested at one time*
- *MPR prefers the designated Member Safety Contact make request for programs/trainings*

To borrow a training/program from the MPR Library, contact Kelly Wright at kellyw@mprisk.org or (816) 292-7542.






School Oriented



Public Safety Oriented

CATEGORY:	TITLE:	TYPE:
Accident Reporting & Investigation	Accident Investigation for Everyone	DVD
Awareness	Accidents Aren't Just One of Those Things	DVD
	Close Calls: The Wake Up Call	DVD&VHS
	Emergency Preparedness: An Employee's Responsibility	DVD
	Green Megs & Sam: Safety Awareness for New Employees Working Outdoors	DVD
	Hazard Awareness is Everyone's Responsibility	DVD
	Hazard Recognition	DVD
	The Risk is in the Routine: A New Look at Accident Prevention	DVD
	Safety Awareness II: Real Accidents, Real Stories	DVD
	Safety Awareness for Seasonal Employees	VHS
	Safety's Top 10 Causes for Workplace Injuries	DVD
What Would You Say	DVD	
Back Injury/Strains	Back in Action	DVD
	The Back Pack	DVD
	Back Safety for Landscape, Maintenance & Custodial Workers	DVD
	Back Safety: Lift Well, Live Well	DVD
	Back Safety: Proper Lifting Procedures	DVD
	Back Safety: Real, Real-Life	DVD
	PowerLift – Lifting Techniques for a Healthy Back	DVD

	Principles of Safe Lifting and Carrying	DVD
	Safe Manual Handling	DVD
	Safety Matters: Strains and Sprains	DVD
	Strains & Sprains: Avoiding the Pain	DVD
	Strains & Sprains – A Public Concern	DVD
Confined Space	Confined Space Entry: Inside Maneuvers	DVD
	Confined Space Entry – Keeping Public Employees Safe	DVD
	Confined Spaces: Risks and Responsibilities	DVD
	Survive Inside: Employee Safety in Confined Spaces	DVD
	To the Point About: Confined Space Entry	DVD
Contagious Disease Prevention	BBP Questions & Answers	DVD
	Bloodborne Pathogens: Workplace Awareness	DVD
	Bloodborne Pathogens: Take Precautions	DVD
	Bloodborne Pathogens: Always Protect Yourself	DVD
	Bloodborne Pathogens: Exposure in the Workplace	DVD
	Bloodborne Pathogens: Just the Facts	DVD
	Bloodborne Pathogens in First Response Environments	DVD
	WSI: Bloodborne Pathogens	DVD
Dog Bite Prevention	Dog Bite Prevention Class: Canine Assault Prevention (DVD)	DVD
	Why Dogs Attack	DVD
Driver Training	Backing, Parking & Intersections	DVD
	Backing & Parking: The Keys to Success	DVD
	Before You Turn the Key	DVD
	Choices – Driving Safely	DVD
	Emergency Response Driving (*see Public Safety*)	DVD 
	Defensive Driving: 15 Passenger Vans	DVD
	Defensive Driving: I Could See it Coming	DVD
	Defensive Driving: Prepared for the Worst	DVD
	Defensive Driving for Government Employees	VHS
	Defensive Driving Skills for School Bus Drivers	DVD 
	Distracted Driving: At What Cost?	DVD
	Distracted Driving Rewind	DVD
	Driven to Distraction	DVD
	Driving Distractions of the Professional Driver	DVD
	Driving, Risks and Responsibilities	DVD
	Driving Safely in Winter Conditions	DVD
	Emotional Wreck	DVD
	Hang Up and Drive	DVD
	Multi-Passenger Van Safety	DVD
	Personal Consequences of Unsafe Driving	DVD
	Preventing Motor Vehicle Collisions – It All Rides on You	DVD
	Safe Operation of Motor Vehicles	DVD
	Smart Winter Driving: What Every Driver Should Know	DVD
	Winter Driving – When the Rules Change	DVD
Employment Practices (including Sexual Harassment)	Bullying and Respect in the Workplace	DVD
	Documenting Discipline II	DVD
	Employment Laws: What Supervisors Need to Know	DVD
	Harassment: A New Look	DVD
	Harassment: Sex, Religion and Beyond	DVD
	Harassment and Diversity: Respecting Differences	DVD
	Harassment in the Workplace	DVD 

	Harassment is...Government Version	DVD
	Legal Survival Skills for the Modern Manager	DVD
	Sexual Harassment: A Commons Sense Approach	DVD
	Performance Appraisals: Getting Results	DVD
	Preventing Harassment: Creating a Positive Workplace	DVD
	Sexual Harassment: New Perspectives	DVD
	Sexual Harassment: Training For a Harassment-Free Workplace	DVD
	Understanding the New FMLA	DVD
Equipment - Landscaping	Chainsaw Safety	DVD
	Golf Cart & LSV Safety	DVD
	Groundskeeping Safety: Be a Pro	DVD
	Landscape Power Tool Safety	DVD
	The Safe Operation of Commercial Lawn Mowers	DVD
	Safe Operations of Chainsaws	DVD
	Safety Procedures for Lawn Mower Operators	DVD
Equipment – Machines & Tools	Backhoe Safety	DVD
	Bucket Truck Safety	DVD
	Caterpillar Safety Basics Video Series: Volumes 1-5 (1 DVD)	DVD
	<ul style="list-style-type: none"> • Volume 1: Safely Home • Volume 2: Seat Belt Safety • Volume 3: Walk Around Inspections • Volume 4: Warning Labels • Volume 5: Personal Protective Equipment 	
	Caterpillar Safety Basics Video Series: Volumes 6-10 (1 DVD)	DVD
	<ul style="list-style-type: none"> • Volume 6: Tire Safety • Volume 7: Slips & Falls • Volume 8: Mounting & Dismounting • Volume 9: Load & Transport • Volume 10: Blocking & Cribbing 	
	Caterpillar Safety Basics Video Series: Volumes 11-17 (1 DVD)	DVD
	<ul style="list-style-type: none"> • Volume 11: Lockout Tagout • Volume 12: Rental Safety • Volume 13: Night Operation • Volume 14: Fatigue Avoidance • Volume 15: Operating on a Slope • Volume 16: Work Tools • Volume 17: Alternate Exits 	
	Caught-In/Between Hazards in Construction Environments	DVD
	Forklift Safety	DVD
	Hand and Power Tool Safety	DVD
	Operating Aerial Work Platforms Safely	DVD
	Safety First: Pipe & Street Saws	DVD
	Skid Steer Safety	DVD
	Struck-By Hazards in Construction Environments	DVD
	Transporting Construction Equipment	DVD
	Working Safety with Hand and Power Tools	DVD
Fire Prevention	Fire Extinguisher Ready to Respond	DVD
	Fire Extinguisher Basic Training	DVD
	30 Ways to Prevent School Arson	DVD
		
First Aid	First Aid: Prepared to Help	DVD
	First Aid: Until Help Arrives	DVD

General Safety – Misc.	Basic Principles for Restroom Cleanup	DVD
	Bomb Threats	DVD
	Electrical Safety for Everyone	DVD
	Good Housekeeping: Keeping Your Workplace Safe	DVD
	Housekeeping	DVD
	Safety First: Water Main Repair	DVD
	Safety Top 10 Causes for Workplace Injuries	DVD
	Spoiled Rotten	DVD
	Understanding and Working with Electricity	DVD
General Safety – Weather & Outdoors	Severe Weather Alert: Are You Prepared	DVD
	Severe Weather Safety: Protect Yourself	DVD
	Poison Ivy Teaching Program	PPT
	Protection from Heat Related Illnesses	DVD
	Tick Bite Prevention and Response	DVD
Governmental Liability Issues	Avoiding the Danger Zones of Zoning	DVD
	Cyber Security: Self-Defense in the Digital Age	DVD
	Government Employee Training: Government Ethics	DVD
	In the Scope of Your Authority: Preventing Public Officials’ Liability	DVD
	Social Media: Reduce the Risk	DVD
	Social Media at Work	DVD
	Public Official Liability: Employment Practices	DVD
	Understanding Governmental Liability	VHS
	Public Official Liability: Zoning & Land-Use Issues	DVD
Workplace Ethics	DVD	
Hazardous Materials	GHS Safety Data Sheets	DVD
	Hazard Communication for Public Employees	DVD
	Hazard Communication for Schools	DVD
	Hazard Communication: It’s Your Right to Know	DVD
	Hazardous Materials Labels	DVD
	Hazcom & the Global Harmonizing System: Employee Training	DVD
	Methamphetamine: A Prevention Trilogy *see public safety*	DVD
	Safety First: Hazard Communication for Water & Wastewater Utilities	DVD
	Silica – Concise Version	DVD
	To the Point About Personal Protective Equipment	DVD
Lockout/Tagout	Lockout for Life	DVD
	Lockout/Tagout: Lightning in a Bottle	DVD
	Lockout/Tagout Safety	DVD
Office Safety	Ergonomics: Adjusting Your Workstation & Postures	DVD
	Office Safety: It’s a Jungle in There	VHS
Parks & Recreation	5 Minute Scanning Strategy	DVD
	Aquatic Risk Management: Keeping Our Head Above Water	DVD
	Disappearing Dummies	DVD
	Playgrounds	DVD
	Shallow Water Blackout	DVD
	Supervision Myth	DVD
	The Complex Quadriplex of Lifeguard Blindness	DVD
Personal Protection/Equipment	Eye Safety	DVD
	Personal Protective Equipment: The Right Choice!	DVD
	PPE: Wear it for You	DVD



	Safety Matters: Personal Protective Equipment		DVD
Playground Equipment	Playgrounds		DVD
Public Safety	Advanced Police Combat Tactics Vol. 1		DVD
	Advanced Police Combat Tactics Vol. 2		DVD
	Effective Law Enforcement Communication		DVD
	Emergency Response Driving		DVD
	The Five Concurrent Themes to Success		DVD
	Handling a School Shooting		DVD
	Law Enforcement and the Mentally Disordered		DVD
	Officer Survival – Traffic Stops		DVD
	Police Arrest & Control		DVD
	Police Combat Tactics Vol. 1		DVD
	Police Ground Combat		DVD
	Police Safety & Survival Vol. 1		DVD
	Police Safety & Survival Vol. 2		DVD
	Methamphetamine: A Prevention Trilogy		DVD
	<ul style="list-style-type: none"> • Meth the Great Deceiver • Where Meth Goes...Violence and Destruction Follow • Hidden Dangers: Meth Labs 		
	Is Today is Your Day		DVD
Sewer & Water Maintenance/Repair	Collection System Operating and Maintenance Training		DVD
	Managing Sanitary Sewer Overflows		DVD
	Modern Marvels: Sewers		DVD
	Operations and Maintenance of Wastewater Collection Systems		DVD
	Safety First: Water Main Repair		DVD
	Wastewater Backup & Overflow Loss Control		VHS
	Wastewater Backup & Overflow Response		VHS
Slips, Trips & Falls	Fall Factors: Understanding & Preventing Slips, Trips & Falls		DVD
	I Can't Get No Traction		DVD
	Safety First: Slips, Trips & Falls		DVD
	Slips, Trips & Falls Refresher		DVD
	Slips, Trips & Falls in Construction Environments		DVD
	Slips, Trips & Falls: Split Second Safety		DVD
	Slips, Trips & Falls: Stranger than Friction		DVD
	Slips and Falls: Taking the Right Step		DVD
	Split Second Safety		DVD
	The Tallest Tool in the Toolbox: Using Ladders Safely		
	Using Ladders Safely		DVD
	Winter Walking		DVD
	Winter Walking: Avoiding Slips & Falls		DVD
	Winter Walking: Staying on Your Feet		DVD
Snow Removal	Basic Sidewalk Clearing with Snowblowers		DVD
	Iowa DOT Winter Operations Training Series (on-line only)		Online
	#1 Introduction to Snow Removal		Online
	#2 Preseason Truck Preparation		Online
	#3 Preseason Plow Preparation		Online
	#4 Regular Equipment Checks		Online
	#5 Radio Procedures		Online
	#6 Proper Clothing		Online
	#7 Snow Plowing Techniques		Online

	#8 Winging Techniques	Online
	#9 Ice Blading Techniques	Online
	#10 V-Plowing Techniques	Online
	#11 Anti-Icing and Deicing	Online
	#12 How Deicing Chemicals	Online
	#13 Application Equipment	Online
	#14 Snow Fences	Online
	#15 Using Winter Weather Resources	Online
	Snowplow Safety	DVD
	Snowplow Safety: Parking Lots	VHS
	Snow Removal Techniques: Plowing Tips from the Pros	DVD
	Working Safely with Snowplows	DVD
Softball and Baseball Fields	Softball & Baseball Field Maintenance and Safety	VHS
Special Events	Special Events...Special Liabilities	VHS
Substance Abuse	Dealing with Drug & Alcohol Abuse for Employees	DVD
	Dealing with Drug & Alcohol Abuse for Mangers	DVD
Traffic Control	Flagger Safety	DVD
	Flagger Safety – Public Agency	DVD
	Roadway Worker Safety: In the Zone	DVD
	Safety First: Work Area Traffic Control	DVD
	Traffic Control	DVD
	Work Zone Safety Training	DVD
	Work Zone Traffic Control & Flagger Safety	DVD
Trenching and Excavating	Cave-In! Trenching and Shoring Safety	DVD
	Trenching and Shoring: Meeting the Requirements	DVD
	Trenching and Shoring Safety Competent Person	DVD
	Trenching and Shoring: The Scott May Story	DVD
	Trenching and Shoring: Understanding Excavation Safety	DVD
	Trenching and Shoring in Construction Environments	DVD
Workplace Violence	Active Shooter: Facts and Prevention	DVD
	Active Shooter: How to Survive	DVD
	Conflict Resolution – A Win/Win Approach	DVD
	Dealing with Difficult Citizens	DVD
	Dealing with the Irate Customer	DVD
	Facility and Personnel Security: A Comprehensive Plan for a Safer Workplace	DVD
	Flash Point: Recognizing and Preventing Violence in the Workplace	DVD
	The Right Words at the Right Time...Customer Service Recovery for Government	DVD
	School Violence: Expect the Unexpected	 DVD
	Shots Fired: When Lightning Strikes	DVD
	Violence Prevention – Recognizing the Threat	DVD
	Workplace Violence: The Myths and the Mystery	DVD
	Workplace Violence: the Early Warning Signs	DVD

Accident Reporting & Investigation

Accident Investigation for Everyone (DVD)

Disk # 00341

This program is an innovative guide on how to investigate an accident. The program discusses determining not only what, but why things happens using interviews, evidence and deductions. 23 minutes

Awareness

Accidents Aren't Just One of Those Things (DVD and VHS)

Disk # 00060 (VHS)

Disk # 00209 (DVD)

This program is a motivational video featuring a firefighter/paramedic discussing accidents and the repercussions. 22 minutes

Close Calls: The Wake Up Call (VHS)

Disk # 00009

This program talks about the importance of noting close calls and near misses which often are overlooked. Accidents are often preceded by near misses and not learning from them can be very costly. 15 minutes

Emergency Preparedness: An Employee's Responsibility (DVD)

Disk # 00228

This program provides information on the basics employees need to know in order to respond to an emergency. 25 minutes

Green Megs & Sam: Safety Awareness for New Employees Working Outdoors (DVD)

Disk # 00355

This video was created to assist public entities avoid some of the risks associated with new employees working outdoors covering policies, hazard awareness and control, environmental hazards, safe driving and emergency procedures. 26 minutes

Hazard Awareness is Everyone's Responsibility (DVD)

Disk # 00270

This program was produced for public entities and covers hazard identification, evaluation and control measures. 21 minutes

Hazard Recognition (DVD)

Disk # 02903

This program discusses the importance of recognizing and controlling hazards with any effort to manage risks. Areas of focus include hazardous conditions and unsafe acts as well as investigating accidents and near misses. 17 minutes

The Risk is in the Routine: A New Look at Accident Prevention (DVD)

Disk # 00316

This program uses seven scenarios found at most any public entity to show accidents and injuries resulting from very routine situations. 21 minutes

Safety Awareness II: Real Accidents, Real Stories (DVD)

Disk # 00230

This program features real accident victims sharing (some graphic scenes) how their own complacency led to an injury. 18 minutes

Safety Awareness for Seasonal Employees (VHS)

Disk # 00072

This program covers safety hazards and safe practices applicable to seasonal and volunteer employees who work in parks and recreation, public works and maintenance departments. 23 minutes

Safety's Top 10 Causes for Workplace Injuries (DVD)

Disk # 00292

This program reinforces the fact that the same types of incidents occur over and over and shows how the top 10 causes of workplace injuries can be prevented. 21 minutes

What Would You Say (DVD)

Disk # 00138

This program reviews the common dilemma for some of what to do when observing another employee committing an unsafe act and the potential consequences of not doing anything. 17 minutes

[Back Injury/Strains](#)

Back in Action (DVD)

Disk # 02985

This program uses a light approach to cover basic anatomy of the back, warning signs of potential injury, risk factors, and most importantly, preventative measures. 20 minutes

The Back Pack (DVD-2 disc set)

Disk # 00195

This program is a versatile collection of several programs addressing lifting, injury prevention including stretching and recovery from back injuries. There are five segments in a variety of formats. From 8 to 40 minutes – DVD

Back Safety for Landscape, Maintenance & Custodial Workers (DVD)

Disk # 00251

This program is a valuable guide for common back safety issues, including body mechanics, lifting below the waist and above the shoulders, pushing loads and two-person lifts. 19 minutes – DVD

Back Safety: Lift Well, Live Well (DVD)

Disk # 00175

This program discusses how you're better off taking care of your back before pain develops. Back basics, positive actions, warning signs, lifting and exercise are reviewed. 15 minutes – DVD

Back Safety: Proper Lifting Procedures (DVD)

Disk # 00222

This program provides an important review on back injury prevention for anyone involved with the lifting and carrying of materials. **17 minutes**

Back Safety: Real, Real-Life (DVD)**Disk #**

This video takes an upbeat look reducing back injuries focusing on attitude, awareness and action. It also reviews types of injuries, safe lifting practices, exercise utilizing real-life scenarios. 16 minutes

PowerLift – Lifting Techniques for a Healthy Back (DVD)**Disk # 02926**

This program explores how many workers follow flawed lifting techniques which can result in unnecessary and harmful stress of their backs. Topics addressed include flaws of traditional lifting techniques, advantages of using a wider stance, and a number of helpful techniques to use. 10 minutes.

Principles of Safe Lifting and Carrying (DVD)**Disk # 02963**

This program covers the anatomy of the neck and back, types of injuries – muscle-ligament and disc, steps to safe lifting, physical characteristics of loads, working conditions and the personal limitations of personnel involved in manual handling tasks. 15 minutes

Safe Manual Handling (DVD)**Disk # 02954**

This program covers manual handling including lifting, holding, pushing, pulling, shifting and lowering as well as how injuries are caused, the types of injuries and steps to manage the related risks. 11 minutes

Safety Matters: Strains and Sprains (DVD)**Disk # 02910**

This program discusses how to avoid risky behavior and follow safe work practices to avoid sprains and strains. Issues reviewed include causes of strains and sprains, recognizing potential strains and sprains and preventative practices. 9 minutes

Strains & Sprains: Avoiding the Pain (DVD)**Disk # 00351**

This program discusses how to recognize the warning signs of sprains and strains and how to reduce the risk with proper posture, exercises and other simple adjustments. 16 minutes

Strains & Sprains – A Public Concern (DVD)**Disk # 00244****Disk # 02970**

This program addresses a growing concern for public employees. This program also shows how strains and sprains occur, how to recognize warning signs and how to minimize the likelihood of their occurrence. 20 minutes

Confined Space**Confined Space Entry: Inside Maneuvers (DVD)****Disk # 00286**

This program uses a U.S. submarine and its crew to compare the dangers of working in a submarine with those of working in a more conventional confined space. 20 minutes

Confined Space Entry – Keeping Public Employees Safe (DVD)**Disk # 00202**

This program offers training on the many hazards associated with working in confined spaces. 15 minutes

Confined Spaces: Risks and Responsibilities (DVD)**Disk # 00224**

This program instills the proper respect for the dangers related to confined spaces covering testing, ventilating and rescue procedures. 12 minutes

Survive Inside: Employee Safety in Confined Spaces (DVD)

Disk #

This program explains why entering confined spaces can be so hazardous and how those hazards can be controlled by understanding permit entry practices and by testing, monitoring and controlling hazards. 20 minutes

To the Point About: Confined Space Entry (DVD)

Disk # 00363

This DVD addresses the life threatening hazards found in many confined spaces. Topics addressed include controlling access to confined spaces and the dangers of atmospheric hazards and related testing, monitoring and controlling. 12 minutes

Contagious Disease Prevention

BBP Questions & Answers (DVD)

Disk # 00114

This program addresses the issues and concerns of employees who work with potentially infected blood discussing good housekeeping, safe work practices, warning signs and labels. 11 minutes

Bloodborne Pathogens: Workplace Awareness (DVD)

Disk # 00327

This program explains methods for controlling occupational exposure, disposing of potentially contaminated materials, and specific emergency procedures to follow if an exposure occurs. 17 minutes

Bloodborne Pathogens: Take Precautions (DVD)

Disk # 02984

This program covers the three main types of these organisms, routes of transmission, methods to avoid infection and ways to deal with mishaps at work. 20 minutes

Bloodborne Pathogens: Always Protect Yourself (DVD)

Disk # 00290

This program is designed to educate your employees on how to protect themselves from bloodborne pathogens using the perspective of the victim, the responder and the co-worker. 14 minutes

Bloodborne Pathogens: Exposure in the Workplace (DVD)

Disk # 00206

This program discusses this universal risk reviewing a typical exposure and shows how to react and what not to do. 22 minutes

Bloodborne Pathogens: Just the Facts (DVD)

Disk # 02981

This program helps employees understand the issues of blood or bodily fluid exposures and includes preventative practices. 16 minutes

Bloodborne Pathogens in First Response Environments (DVD)

Disk # 02927

BBP diseases continue to pose major health problems with first responders being at an elevated risk. Increasing infection rates for Hepatitis B and Hepatitis C are making them as serious as a concern as HIV. The program discusses Exposure Control Plans and other related topics. 25 minutes

WSI: Bloodborne Pathogens (DVD)

Disk # 00232

This program depicts a group of investigators as they trace a positive virus back to an accident at work, featuring preventative measures along the way. 17 minutes

Dog Bite Prevention

Dog Bite Prevention Class: Canine Assault Prevention (DVD)

Disk # 00339

This program offers valuable information about avoiding dog attacks including untrue myths, identifying indicators of aggressive behavior, how to diffuse potentially dangerous situations and what to do if you are attacked. 26 minutes

Why Dogs Attack (DVD)

Disk # 02959

This DVD covers how to spot an aggressive dog, risk factors, who is most vulnerable, where attacks occur, steps to take to prevent yourself from getting bit, and steps to avoid aggressive dogs. 18 minutes.

Driver Training

Backing, Parking & Intersections (DVD)

Disk # 00211

This program offers new perspectives on how small adjustments to everyday habits go a long way in preventing driving incidents of this nature. 19 minutes

Backing & Parking: The Keys to Success (DVD)

Disk # 00371

Disk #02907

Backing and parking accidents are some of the most common auto claims experienced by MPR members. This video addresses key topics to help reduce the number and cost of related accidents, focusing potential hazards, safety principles, and tools that will assist all drivers while backing and parking. 17 minutes

Before You Turn the Key (DVD)

Disk # 00249

This program reviews what drivers should know and can do before they start a trip to minimize the odds of becoming involved in an accident. 20 minutes

Choices – Driving Safely (DVD)

Disk # 00357

This program covers many of the situations employees might find themselves in while driving, and trains in different ways they can deal with those situations and avoid accidents. Topics include texting and other distractions, defensive driving, weather, backing and parking. 25 minutes

Emergency Response Driving – see Public Safety



Disk # 02983

Defensive Driving: 15 Passenger Vans (DVD)

Disk # 02987

This program provides drivers with important safety tips to help them operate vans to protect passengers and avoid accidents. 20 minutes

Defensive Driving: I Could See it Coming (DVD)

Disk # 00216

This program is an effective reminder of many defensive driving techniques as well as dangerous habits many drivers have. 15 minutes

Defensive Driving: Prepared for the Worst (DVD)

Disk # 00040

This program shows drivers how to anticipate road hazards, poor weather conditions, vehicle collisions, crime and more. Topics addressed include nature's forces, night driving, accidents and road construction.

Defensive Driving for Government Employees (VHS)

Disk # 02982

This program is a driver training video which covers includes poor weather conditions, driver responsibility and road rage. 19 minutes

Defensive Driving Skills for School Bus Drivers (DVD)



Disk # 00260

This program addresses issues such as properly descending down a hill, how to handle a tire blow out, blind spots, weather, loading zones and more. 20 minutes

Distracted Driving: At What Cost? (DVD)

Disk # 00151

This program follows an officers' investigation of a two car crash showing how each driver allowed themselves to be distracted, contributing to the collision. 15 minutes

Distracted Driving Rewind (DVD)

Disk #

Statistics show that distracted driving is the reason behind many accidents and fatalities. This program reviews the common causes of distracted driving, the myths surrounding multitasking while driving and the reason to drive without distraction. 11 minutes

Driven to Distraction (DVD)

Disk # 00176

This program points out exactly how dangerous distractions while driving can be. The program covers cell phones, eating / drinking in the car, road rage and eyes wandering from the road. 20 minutes

Driving Distractions of the Professional Driver (DVD)

Disk # 00226

This program is designed to offer effective strategies for a variety of distractions facing today's driver. 17 minutes

Driving, Risks and Responsibilities (DVD)

Disk # 02962

This program examines the costs associated with automobile accidents, the need for safe driving programs, preventing theft, parking issues, what to do following an accident and other concerns. 17 minutes.

Driving Safely in Winter Conditions (DVD)

Disk # 00227

This program offers a good review of the many hazards associated with driving in winter conditions and the techniques available to counter these threats. 26 minutes

Emotional Wreck (DVD)

Disk # 00248

This program focuses on the fact that more than six million accidents occur each year due to aggressive drivers making poor decisions. 23 minutes

Hang up and Drive (DVD)

Disk # 02971

This program shares the true story of how one person's careless use of a cell phone resulted in a traffic collision with tragic consequences for an entire family. 20 minutes

Multi-Passenger Van Safety (DVD)

Disk # 02945

In this video, passenger van drivers will learn the ins and outs of van safety from pre-trip inspections, to loading passengers, the effects of different loads on van performance, driving in different road conditions, and more. This is the perfect video for the everyday passenger van driver to use as a safety primer. 17 minutes

Personal Consequences of Unsafe Driving (DVD)

Disk # 02947

This video is designed to help public employees understand the impact of preventable vehicular accidents and offers numerous tips on preventing driving accidents focusing on driving scenarios for police, public works and fire. 23 minutes

Preventing Motor Vehicle Collisions – It All Rides on You (DVD)

Disk # 00155

This program is presented by a seasoned EMT/firefighter who recalls the stories of the collision scenes and the consequences of the six most common driving errors. 20 minutes

Safe Operation of Motor Vehicles (DVD)

Disk # 00337

This program focuses on the choices drivers make (or don't make) and the importance of paying attention, safe following distances, reasonable speed and yielding properly at intersections. 6 minutes

Smart Winter Driving: What Every Driver Should Know (DVD)

Disk # 02925

This state-of-the-art instructional DVD teaches the skills and techniques required to become a more competent winter driver, including steering techniques, normal and emergency braking skid control, cornering control, acceleration, weight transfer, accident avoidance and more. 24 minutes

Winter Driving – When the Rules Change (DVD)

Disk # 00165

Disk # 00173

This program illustrates the importance of adjusting driving techniques when winter weather hits including vehicle preparation, adjusting schedules and speeds and winter driving techniques. 15 minutes

Employment Practices

(includes Sexual Harassment)

Bullying and Respect in the Workplace (DVD)

Disk # 0368

This training uses a variety of stories to show victims and witnesses how they can speak up and challenge a coworker's mean-spirited behavior in a straightforward way that earns them respect. 19 minutes

Documenting Discipline II (DVD)

Disk # 00039

This program gives managers a fair and consistent way to deal with negative employee behaviors addressing how and what to document and progressive discipline. 17 minutes

Employment Laws: What Supervisors Need to Know (DVD)

Disk # 0369

This program covers several types of legal issues faced by today's front line supervisors. The program offers many legal tips on topics including the ADA, the Pregnancy Discrimination Act, EEOC compliance, FMLA and Wage and Hour issues. 19 minutes

Harassment: A New Look (DVD)

Disk # 00277

This program is a useful training tool to help employees update their harassment awareness level to recognize inappropriate acts which may include workplace bullying, intimidation, cyber bullying and sexting. 21 minutes

Harassment: Sex, Religion and Beyond (DVD)

Disk # 00331

This program shows that bad behavior is not OK—whether it applies to sex, religion, or anything beyond regardless whether it actually crosses the line into illegal harassment or not. 19 minutes

Harassment and Diversity: Respecting Differences (DVD)

Disk # 00329

This program focuses on sensitivity and awareness, teaching why respect for coworker differences is not only required by the law but is also the right thing to do. 16 minutes

Harassment in the Workplace (DVD)

Disk #

This DVD offers details to help define harassment, explores the various scenarios of who may be involved and provides information for employees on how to deal with these scenarios in a professional manner. 10 minutes

Harassment is...Government Version (DVD)

Disk # 00364

This training looks at a broad list of harassment in the workplace, addressing liability issues associated with sex, race, color, national origin, religion, gender, disability, age and more. Prevention guidelines and how to respond to harassments are also discussed. 19 minutes

Legal Survival Skills for the Modern Manager (DVD)

Disk # 00345

This program addresses twelve critical legal issues that managers need to recognize and offers guidance on ways to navigate the maze of employment laws and regulations. 26 minutes

Sexual Harassment: A Common Sense Approach (DVD)

Disk # 00330

This program sets a tone of courtesy and respect throughout the workplace, reviewing the definition of sexual harassment using realistic scenes that offer examples of what is—and what is not—workplace sexual harassment. 25 minutes

Performance Appraisals: Getting Results (DVD)

Disk # 00344

This training program show how to conduct effective performance reviews including elements to cover, fairness and consistency and motivating both top employees and underperformers. 18 minutes

Preventing Harassment: Creating a Positive Workplace (DVD)

Disk # 00305

Disk # 02972

This program discusses various types of workplace harassment and how this behavior affects the work environment. 21 minute

Sexual Harassment: New Perspectives (DVD)

Disk # 00261

This program is a realistic and subtle exploration of work settings emphasizing the point of view of the victim. 13 minutes

Sexual Harassment: Training for a Harassment-Free Workplace (DVD)

Disk # 02949

This program utilizes seven real life scenarios to show the consequences caused by harassment in the workplace to help staff monitor their behavior, effectively communicate and to be respectful in the workplace. 18 minutes

Understanding the New FMLA (DVD)

Disk # 00264

This program addresses recent changes and helps employees comply with the law in easy-to-understand language. 19 minutes

Equipment – Landscaping

Chainsaw Safety (DVD)

Disk # 00223

This program covers the various risks associated with the use of chainsaws and the related safety procedures. 13 minutes

Golf Cart & LSV Safety On and Off the Course (DVD)

Disk # 00303

This program addresses the related risk of low-speed vehicles increasingly used for a variety of transportation roles. 17 minutes

Groundskeeping Safety: Be a Pro (DVD)

Disk # 00196

This program covers a wide variety of related topics and reviews the need to work safely with potentially dangerous tools and chemicals. 17 minutes

Landscape Power Tool Safety (DVD)

Disk # 00237

This program offers a review of the more commonly used power tools focusing on the dangers and safe practices for each. 25 minutes

The Safe Operation of Commercial Lawn Mowers (DVD)

Disk # 00225

This program covers how to safely inspect, operate and maintain commercial lawn mowers. 12 minutes

Safe Operation of Chainsaws (DVD)

Disk # 02960

This program reviews operational and cutting procedures including chainsaw preparation, safe starting techniques, operation of the saw, general lumbering and felling a tree. 14 minutes.

Safety Procedures for Lawn Mower Operators (DVD)

Disk # 00236

This program discusses a wide variety of threats and appropriate safety measures involving large scale mowing operations. 22 minutes

Equipment – Machines & Tools

Backhoe Safety (DVD)

Disk # 00314

This program is filled with real world tips and advice on safe backhoe operation including pre-inspection, start-up, safe work practices and safely loading, transporting and unloading trailers. 18 minutes

Bucket Truck Safety (DVD)

Disk # 00233

This program reviews various related hazards and applicable safety practices on issues including work site safety, stability, falls and electrical concerns. 13 minutes

Caterpillar Safety Basics Video Series: Volumes 1-5 (DVD)

Disk # 00323

Volumes 1-5 (all programs are 3-5 minutes in length – all Volumes are on 1 DVD)

- Volume 1: Safely Home
- Volume 2: Seat Belt Safety
- Volume 3: Walk around Inspections
- Volume 4: Warning Labels
- Volume 5: Personal Protective Equipment

Caterpillar Safety Basics Video Series: Volumes 6-10 (DVD)

Disk # 00325

Volumes 6-10 (all programs are 3-5 minutes in length – all Volumes are on 1 DVD)

- Volume 6: Tire Safety
- Volume 7: Slips and Falls
- Volume 8: Mounting and Dismounting

Volume 9: Load and Transport
Volume 10: Blocking and Cribbing

Caterpillar Safety Basics Video Series: Volumes 11-17 (DVD)

Disk # 00326

Volumes 11-17 (all programs are 3-5 minutes in length – all Volumes are on 1 DVD)

Volume 11: Lockout Tagout
Volume 12: Rental Safety
Volume 13: Night Operation
Volume 14: Fatigue Avoidance
Volume 15: Operating on a Slope
Volume 16: Work Tools
Volume 17: Alternate Exits

Caught-In/Between Hazards in Construction Environments (DVD)

Disk # 0367

Caught In/Between accidents are becoming more prevalent and can result in very serious claims. The program looks at the 3 major types and covers related issues for trenching, vehicles, equipment, tools and more. 14 minutes

Forklift Safety (DVD)

Disk # 00221

This program addresses the fundamental threats and recommended practices necessary for employees to apply in order to operate a forklift safely. 11 minutes

Hand and Power Tool Safety (DVD)

Disk # 00025

This program offers an overview of hand and power tools, focusing on the 6 most common types of injuries and how to prevent them. 6 minutes

Operating Aerial Work Platforms Safely (DVD)

Disk # 00358

The use of aerial work platforms is becoming more common among MPR members. This program discusses common hazards and safe work practices including inspections, planning, moving the platforms and raising/lowering the lift. 9 minutes

Safety First: Pipe & Street Saws (DVD)

Disk # 00333

This program covers the proper use specialized power saws used to cut pipe and asphalt or concrete pavement including saw types, blades, PPE and equipment inspections – produced by the AWWA. 15 minutes

Skid Steer Safety (DVD)

Disk # 00321

This program reinforces that this type of equipment is very commonly used by public entities and reviews inspections, attachments, rollover prevention and other safe practices. 15 minutes

Struck-By Hazards in Construction Environments (DVD)

Disk # 0366

This program addresses a risk that often results in a serious injury or fatality. Struck-by accidents occur when a person is hit by a moving object including a falling hammer, particles being thrown from a grinder, hit by a truck that's backing up, or hit by a load of materials that's being hoisted. 18 minutes

Transporting Construction Equipment (DVD)

Disk # 00340

This training session addresses correct loading, tie-down, transport and unloading of different types of heavy equipment on all types of trailers. Eighteen different types of equipment are discussed. 36 minutes

Working Safely with Hand and Power Tools (DVD)**Disk # 00313**

This program discusses the dangers of these tools many of us use every day and covers a wide variety of safety practices for both hand and power tools. 17 minutes

Fire Prevention**Fire Extinguisher Ready to Respond (DVD)****Disk # 00172**

This program reviews the causes of fires, prevention methods, extinguisher types, selection, inspection and use of a fire extinguisher. 14 minutes

Fire Extinguisher Basic Training**Disk # 00342**

This program is a comprehensive program covering what employees need to know to safely use fire extinguishers. Fire basics covered include what causes a fire, types of fires, types of extinguishers including their use and what to do in the event of a fire. 13 minutes

30 Ways to Prevent School Arson (DVD)**Disk # 00255**

This program depicts school personnel sharing their stories of loss and students introducing a variety of practical prevention tips. 15 minutes

First Aid**First Aid: Prepared to Help (DVD)****Disk # 00180**

This program addresses what to do if you are first on the scene of an accident including surveying the scene, sending someone for help, calming the victim, assessing the injury and more. 17 minutes

First Aid: Until Help Arrives (DVD)**Disk # 00164**

This program not only covers first aid skills but other crucial actions to take or not take during an emergency. 24 minutes

General Safety – Misc.**Basic Principles for Restroom Cleanup (DVD)****Disk # 00247**

This program acquaints maintenance staff with the latest techniques in cleaning & maintenance for restrooms. 20 minutes

Bomb Threats (DVD)**Disk # 00354**

This program examines the characteristics of bomb threats, different types of notification, steps to take upon notification and recommended follow-up actions. 5 minutes.

Electrical Safety for Everyone (DVD)**Disk # 02964**

This video covers electrical issues many employees are not familiar with such as the related dangers, contact and grounding, GFCIs, safe work practices and responding to a shock event. 11 minutes.

Good Housekeeping: Keeping Your Workplace Safe (DVD)**Disk # 00238**

This program discusses the importance of properly managing tools, equipment and materials for safety and efficiency reasons. 11 minutes

Housekeeping (DVD)**Disk # 00160**

This program stresses the importance of good housekeeping and the negative impact poor housekeeping can have including accidents. 11 minutes

Safety First: Water Main Repair (DVD)**Disk #****Safety Top 10 Causes for Workplace Injuries (DVD)****Disk # 00292**

This program reveals the top 10 causes of accidents at work (some may be a surprise) and their prevention. 21 minutes

Spoiled Rotten (DVD)**Disk # 00116**

This program is a humorous production taking on the serious topic of properly handling and storing food to prevent food poisoning – a good refresher for all. 15 minutes

Understanding and Working with Electricity (DVD)**Disk # 00240**

This program covers the basic principles of electricity and addresses safety procedures that should be used for work and home. 17 minutes

General Safety – Weather & Outdoors**Severe Weather Alert: Are You Prepared (DVD)****Disk # 00158**

This program offers some facts, tips and warnings that can help you survive serious weather emergencies including tornadoes, thunderstorms and flooding. 15 minutes

Severe Weather Safety: Protect Yourself (DVD)**Disk # 00297**

This program covers what you should know regarding severe weather hazards and how to protect yourself and others. 30 minutes

Poison Ivy Teaching Program (PPT)**Disk # 00125**

This program is a 90 slide power point presentation that covers identification, how to get rid of it, the effects of exposure and treatment. PPT

Protection from Heat Related Illnesses (DVD)**Disk #**

This program addresses a serious concern of many member employees. The program discusses heat related illnesses and what causes them, how to avoid the effects of heat illness and what to do if you or a co-worker has a related problem. 22 minutes

Tick Bite Prevention and Response (DVD)**Disk # 02923**

The DVD provides important information for workers who work outdoors and may be exposed to tick bites. Related issues discussed include where ticks live, how ticks spread diseases, types of tick related diseases, preventing tick bites and tick removal. 16 minutes

Governmental Liability Issues

Avoiding the Danger Zones of Zoning (DVD)

Disk # 00213

This program is a production of a Michigan risk pool featuring interviews of judges, attorneys, city staff and risk managers about common zoning problem areas and offers a variety of practices to avoid loss. 15 minutes

Cyber Security: Self-Defense in the Digital Age (DVD)

Disk # 02905

This program offers an easy to understand course for employees covering the most common and dangerous threats they can face in the virtual world and covers best practices to help manage cyber risks. 35 minutes

Government Employee Training: Government Ethics (DVD)

Disk # 02967

This program helps establish boundaries for employees regarding citizen expectations, confidentiality, showing favoritism, seeking special privileges, accepting gifts, compromising outside employment and conflicts of interest. 12 minutes

In the Scope of Your Authority: Preventing Public Officials' Liability (DVD)

Disk # 00298

Disk # 00179

Disk # 00219

This program discusses how elected and appointed officials can avoid mistakes that can lead to liability claims and identifies best practices that will allow officials to be successful. 17 minutes

Social Media: Reduce the Risk (DVD)

Disk # 00295

This program uses a storyline approach to educate organizations and employees about the risk for the employer and employees from participating in social media networks. 21 minutes

Social Media at Work (DVD)

Disk # 02958

This video discusses the importance of using social media wisely to help avoid online hazards including hackers, viruses and malware as well as how inappropriate social media use can lead to harassment claims, public relations nightmares and have a real negative impact on productivity. 14 minutes

Public Official Liability: Employment Practices (DVD)

Disk # 00308

Disk # 00306

This video shows how public officials are often sued for employment practice claims, and it teaches them how to avoid being sued because of The Five Ds: Discrimination, Documentation, Drastic Action, Discipline and Discharge. 12 minutes

Understanding Governmental Liability (VHS)

Disk # 00112

This program can be used to train new and existing employees about common liability issues facing public entities. 20 minutes

Public Official Liability: Zoning & Land-Use Issues (DVD)

Disk # 00320

Disk # 02973

This program explains Due Process, Adjudicatory Decisions, Discoverable Testimony and the need to follow an entity's existing land-use regulations. 11 minutes

Workplace Ethics (DVD)

Disk # 02955

This video shows employees how to recognize harmful behaviors, determine whether they are responsible to take action, and to select solutions that promote integrity. 17 minutes

Hazardous Materials

GHS Safety Data Sheets

Disk # 00353

This program assists employees in understanding the revised Safety Data Sheets which are the core of the newly adopted GHS regulations for hazardous materials. The program also addresses the nature of hazardous materials, safe handling and related emergencies. 16 minutes.

Hazard Communication for Public Employees (DVD)

Disk # 02979

Disk # 00287

This program discusses physical and health hazards, exposure, PPE, MSDS, and warnings and labels. 18 minutes

Hazard Communication for Schools (DVD)



Disk # 00302

This program recognizes the unique hazards found at schools and addresses identification, use, and storage of chemicals. 20 minutes

Hazard Communication: It's Your Right to Know (DVD)

Disk # 00234

This program focuses on helping employees navigate the life-saving information that can be found in labeling and diagrams on containers. 22 minutes

Hazardous Materials Labels (DVD)

Disk # 00242

This program covers safe practices for working with hazardous chemicals emphasizing labeling, handling, storage and MSDS. 23 minutes

Hazcom & the Global Harmonizing System: Employee Training

Disk # 00348

This program reviews the recent change to bring U.S. regulations more in line with international standards for hazardous materials focusing on hazard classification, container labeling and Safety Data Sheets. 23 minutes

Methamphetamine: A Prevention Trilogy – See Public Safety

Disk # 00148

This program is a collection offered by the California Department of Justice of three award winning video *see Public Safety*

Safety First: Hazard Communication for Water & Wastewater Utilities (DVD)

Disk # 00332

This program shares the correct procedures for identifying and labeling hazardous materials and the use of MSDS. Produced by the AWWA. 21 minutes

Silica – Concise Version (DVD)

Disk # 02908

This DVD reviews the serious health hazards and safety precautions related to Silica, which is a basic component of many minerals. Activities commonly performed by many public entities which may produce silica dust include jack hammering, concrete mixing, concrete drilling, concrete sawing, and brick and concrete block cutting and sawing. 9 minutes

To the Point About Personal Protective Equipment (DVD)

Disk # 00352

This video discusses controlling hazards when workers face various exposures. The program addresses the proper selection and use of personal protective equipment. Topics covered include hardhats, hearing protection, eye and face protection, gloves and footwear. 12 minutes.

Lockout/Tagout

Lockout for Life (DVD)

Disk # 00034

This program not only tells but shows your employees the importance of following proper procedures when working with energized equipment. 20 minutes

Lockout/Tagout: Lightning in a Bottle (DVD)

Disk # 00253

This program discusses the importance of maintaining good LO/TO procedures and being familiar with different energy sources. 20 minutes

Lockout/Tagout Safety (DVD)

Disk # 00229

This program provides an example of a life threatening accident that could occur when lockout / tagout procedures are not followed. 12 minutes

Office Safety

Ergonomics: Adjusting Your Workstation & Postures (DVD)

Disk # 02968

This program shows common postures that can lead to muscular-skeletal disorders and ways to utilize neutral postures. 13 minutes

Office Safety: It's a Jungle in There (VHS)

Disk # 00051

This program discusses the many dangers in offices including fire, electricity, hazardous materials and poorly designed workstations. 19 minutes

Parks & Recreation

5 Minute Scanning Strategy (DVD)

Disk # 02933

Disk # 02934

Based on years of research, the Five Minute Scanning Strategy helps lifeguards improve concentration and attention while reducing boredom by changing the mental process every five minutes to enhance scanning techniques. 10 minutes

Aquatic Risk Management: Keeping Our Head Above Water (DVD)

Disk # 00315

This program focuses on the complexity of aquatic facilities addressing personnel, supervision, lifeguard training, emergency action plans, communication, employee safety and facility considerations. 26 minutes

Disappearing Dummies (DVD)

Disk # 02928

Disk # 02929

This program explains how and why lifeguards have such great difficulty detecting bodies on the bottom of "crystal clear" swimming pools illustrating and emphasizing how under even the best of water conditions mannequins quickly disappear from sight. 10 minutes

Playgrounds (DVD)**Disk # 00214**

This program is arranged in two parts. The first section, "The Safe Playground" focuses on hazards that can be found during an inspection – 13 minutes. The second program "Playing it Safe: Avoid the Liability Seesaw" is directed showing boards and other groups the fundamentals of playground safety and related liability considerations. 11 minutes

Shallow Water Blackout (DVD)**Disk # 02931****Disk # 02932**

This video discusses sudden death and drowning of good swimmers as well as how extreme breath-holding can turn deadly and "Situation Awareness" that can be encouraged and increased to prevent drownings. 30 minutes

Supervision Myth (DVD)**Disk # 02946****Disk # 02948**

This program dismisses the old drowning prevention strategy of "constant supervision" and offers practical approaches including changing staff culture, safety signage, ways to minimize drownings, supplementing supervision with technology, developing a better design and insuring better engineering of aquatic facilities. 88 minutes

The Complex Quadriplex of Lifeguard Blindness (DVD)**Disk # 02939**

This "lifeguard must-see" video illustrates the four most significant challenges for lifeguards – visually and mentally – with never before seen activities and strategies to mitigate these challenges. 28 minutes

Personal Protection/Equipment**Eye Safety (DVD)****Disk # 00212**

This program promotes the need for PPE and reinforces the fact that no protection is worn is 6 out of 10 eye injuries and that 90% of these injuries could be prevented with the proper protective equipment. 12 minutes

Personal Protective Equipment: The Right Choice (DVD)**Disk # 02988**

This program emphasizes the consequences of not using PPE, addressing selection, different types and responsibility. 19 minutes

PPE: Wear it for You (DVD)**Disk # 00307**

This program features the victim of a violent accident sharing how his use of PPE saved his life, his eyesight and minimized many other injuries. 12 minutes

Safety Matters: Personal Protective Equipment (DVD)**Disk # 02909**

This DVD covers the role of PPE in protecting workers, hazard assessment, responsibilities including selection, fit and maintenance, and the application of PPE to protect the head, eyes and face, hands, feet and hearing. 8 minutes

Playground Equipment**Playgrounds (DVD)****Disk #**

Public Safety**Advanced Police Combat Tactics Vol. 1 (DVD)****Disk # 00271**

This program offers a useful compliment to your training emphasizing how to handle resistance and how to protect yourself. 85 minutes

Advanced Police Combat Tactics Vol. 2 (DVD)



Disk # 00269

This program can be used as a supplement to your training addressing how to neutralize, takedown and handcuff a suspect while minimizing risk to the officer. 80 minutes

Effective Law Enforcement Communication (DVD)



Disk # 00266

This program shows how an officer can reduce the probability of a routine encounter turning hostile through effective communication. 19 minutes

Emergency Response Driving (DVD)



Disk # 02983

This program examines skills needed when responding to an emergency including response basics and communication. 17 minutes

The Five Concurrent Themes to Success (DVD)



Disk # 00285

This program is an exceptional presentation by Gordon Graham explaining how the disciplines of Risk Management work together to assure things go right for public safety agencies. 46 minutes

Handling a School Shooting (DVD)



Disk # 00186

This program discusses the techniques and procedures to follow while handling a dynamic shooting incident in a school environment. 15 minutes

Law Enforcement and the Mentally Disordered (DVD)



Disk # 00187

This program shows how officers should handle mentally ill person calls and gives examples of the different type of inflictions people may be experiencing and medications they may be taking. 15 minutes

Officer Survival – Traffic Stops (DVD)



Disk # 00188

This program is based on a Deputy shot during a traffic stop and left to die, relives his incident. Tactic Patrol officers can use this information to survive future incidents. 15 minutes

Police Arrest & Control (DVD)



Disk # 00279

This program provides a useful supplement to your training offering practical approaches to controlling a suspect during the arrest process. 45 minutes

Police Combat Tactics Vol. 1 (DVD)



Disk # 00271

This program offers combative tactics and strategies for trying to avoid physical confrontation, how to handle different levels of resistance and how to protect yourself. 85 minutes

Police Ground Combat (DVD)



Disk # 00268

This program provides a useful supplement to your training offering the essentials of how to take control of confrontation on the ground. 75 minutes

Police Safety & Survival Vol. 1 (DVD)



Disk # 00267

This program offers a useful compliment to your training emphasizing pressure point striking, handgun retention and handgun disarming. 70 minutes

Police Safety & Survival Vol. 2 (DVD)



Disk # 00272

This program can be used as a supplement to your training and addresses batons, handcuffing, multiple officer techniques and vehicle extrication. 78 minutes

Methamphetamine: A Prevention Trilogy (DVD)



Disk # 00148

This program is a collection offered by the California Department of Justice of three award winning videos on the subject

Disc 1: Meth the Great Deceiver – this program provides insights into teens and how meth can damage young lives. 17 minutes

Disc 2: Where Meth Goes...Violence and Destruction Follow – This program examines the havoc caused when a meth use gain and foothold in our communities

Disc 3: Hidden Dangers: Meth Labs – This program offers tips on recognizing potential meth labs and what to do when you suspect a lab is present. Important training for first responders, utility workers, social workers and others working in the community. 18 minutes

Is Today is Your Day (DVD)



Disk # 02978

This program was produced in cooperation with the IACP and the National Highway Traffic Safety Administration to promote the importance of safety belt use among officers. 23 minutes

Sewer & Water Maintenance/Repair

Collection System Operating and Maintenance Training (DVD)

Disk #

This 6 topic DVD (30 minutes each) is designed to train collection system operators at all levels. Topics addressed include:

- Guardians of Health: Importance of operations, inspection and testing
- TV Stars: Closed-circuit television inspection
- Pipe Detectives: Pipeline cleaning and maintenance methods
- Way Makers: Pipeline cleaning and chemical controls
- Flow Movers: Operation of wastewater lift stations
- Motor Specialists: Maintenance of wastewater lift stations

Managing Sanitary Sewer Overflows (DVD)

Disk # 00296

This program provides information regarding sewer overflow prevention, inspections and preventative maintenance. 20 minutes

Modern Marvels: Sewers (DVD)

Disk # 00118

This program is the History Channel production examines how sewers work, explores urban related myths and includes an interesting look at sewage history. 50 minutes

Operations and Maintenance of Wastewater Collection Systems (DVD)

Disk # 02935

This course is designed to train operators in the practical aspects of operation and maintenance, emphasizing safe practices. The DVD includes the following sections and (times in minutes): Guardians of Health (32), TV Stars (28), Pipe Detectives (27), Way Movers (39), Flow Movers (32) and Motor Specialists (30)

Safety First: Water Main Repair (DVD)

Disk # 00335

This program covers avoiding injuries to employees and contractors, traffic zone deployment, trenching, equipment considerations and site restoration – produced by the AWWA. 14 minutes

Wastewater Backup & Overflow Loss Control (VHS)

Disk # 00102

This program describes a number of established practices in the prevention of sewer backups. 23 minutes

Wastewater Backup & Overflow Response (VHS)

Disk # 00101

This program offers a number of sensible response tips for crews who may be dealing with emotional property owners following a backup. 23 minutes

Slips, Trips & Falls

Fall Factors: Understanding & Preventing Slips, Trips & Falls (DVD)

Disk # 02961

This program explains the factors which lead to falls (balance, friction, etc.) and the actions we can take to minimize the likelihood of sustaining an injury. 12 minutes

I Can't Get No Traction (DVD)

Disk # 00324

This program is a good meeting opener and is an upbeat music video, inspired by the Rolling Stones tune, spotlighting common slip, trip and fall hazards. 4 minutes

Safety First: Slips, Trips & Falls (DVD)

Disk # 00334

This program shows workers how to minimize hazards, choose proper shoes, and how to properly use equipment like fall arrest systems, ladders and scaffolding. Produced by AWWA. 14 minutes

Slips, Trips and Falls Refresher (DVD)

Disk # 00275

This program is a condensed reminder for employees of the associated dangers from slips and falls. Winter conditions and ladders are addressed as well. 9 minutes

Slips, Trips and Falls in Construction Environments (DVD)

Disk # 02980

This program shows employees the types of situations on construction sites that can lead to slips, trips and falls, and what they can do to avoid or prevent these accidents. 17 minutes

Slips, Trips and Falls: Split Second Safety (DVD)

Disk # 00350

This video reminds employees that a split second lapse of awareness can lead to a life-long injury. It helps them understand how, why and even where slips, trips and falls occur and encourages them to adopt safer practices at work. 18 minutes

Slips, Trips and Falls: Stranger than Friction (DVD)

Disk # 00241

This program uses a unique format to offer a wide variety of useful information in several scenarios on how to avoid slips, trips and falls. 20 minutes

Slips and Falls: Taking the Right Step (DVD)

Disk # 00149

This program looks at the fact that slips, trips and falls are a major cause of injury and reviews preventative measure like awareness, housekeeping and use of equipment. 18 minutes

Small Falls are a Big Deal (DVD)

Disk # 00159

This program is a presentation from an experienced EMT / Firefighter sharing stories of how "small falls" can result in serious injuries and fatalities including prevention strategies. 19 minutes

Split Second Safety (DVD)

Disk #

The Tallest Tool in the Toolbox: Using Ladders Safely (DVD)

Disk # 02956

Ladders provide flexibility on the job but also bring numbers hazards. This video discusses ladder selection, defects, set up and how to climb and work safely on a ladder. 16 minutes

Using Ladders Safely (DVD)

Disk # 00309

This program offers valuable ladder safety tips including selection, inspection, setting up ladders and ascending and descending ladders safely. 17 minutes

Winter Walking (DVD)

Disk # 00293

Disk # 00294

This program addresses a significant injury source for public employees covering the best way to enter and exit vehicles, navigating sidewalks, steps and turns and how to avoid serious injury if you do fall. 7 minutes

Winter Walking: Avoiding Slips & Falls (DVD)

Disk # 00257

This program offers some insight on how the seemingly simple task of walking can be life threatening in winter conditions and offers sensible solutions. 10 minutes

Winter Walking: Staying on Your Feet (DVD)

Disk # 00338

This program addresses a serious concern for MPR members focusing on walking techniques, types of hazards and what to do if you fall. 10 minutes

Snow Removal

Basic Sidewalk Clearing with Snowblowers (DVD)

Disk # 02950

This video is designed to give your new and experienced employees the basic tips for clearing sidewalks with snow blowers including PPE, inspection, operation and use of ramps. 34 minutes

Snow Removal Series: Iowa Department of Transportation (Online ONLY – 15 Videos)

Online Only

To view 15 video series, [click here](#)

Snowplow Safety (DVD)

Disk # 00284

This program addresses equipment inspections, positioning of the truck, scanning, mirror use and defensive driving associated with snow removal. 23 minutes

Snowplow Safety: Parking Lots (VHS)

Disk # 00086

This program teaches operators important practices, cleaning entrances and exits, working with other equipment, where to locate snow and more. 19 minutes

Snow Removal Techniques: Plowing Tips from the Pros (DVD)

Disk # 02951

Disk # 02952

This video teaches snow plowing on city streets, country roads and interstate highways. Included are tips from pre-Trip Inspections, suggested plowing techniques on Interstate highways, two-lane country roads and city streets. 25 minutes

Working Safely with Snowplows (DVD)

Disk # 00201

Disk # 00322

This program emphasizes a wide range of threats snow fighters face discussing awareness, preparation and a variety of hazards. 20 minutes

Softball & Baseball Fields

Softball & Baseball Field Maintenance and Safety (VHS)

Disk # 00090

This program illustrates how to identify and correct hazardous conditions on softball and baseball fields. 25 minutes

Special Events

Special Events...Special Liabilities (VHS)

Disk # 00091

This program was developed to assist public entities in minimizing exposures and transferring risks when planning for special events. 18 minutes

Substance Abuse

Dealing with Drug & Alcohol Abuse for Employees (DVD)

Disk # 00300

This program discusses how substance abuse can affect an employee's work situation and what they can do to help. 19 minutes

Dealing with Drug & Alcohol Abuse for Managers (DVD)

Disk # 00299

This program reviews various forms of substance abuse, their detection and what they should and shouldn't do if they discover a problem. 19 minutes

Traffic Control

Flagger Safety (DVD)

Disk # 00245

This program discusses the important safety role flaggers play and provides fundamental guidance for conduct, skill and the techniques. 15 minutes

Flagger Safety – Public Agency (DVD)

Disk #

This program reviews the importance of the flagger's role in controlling traffic to protect coworkers and the public. Areas emphasized include conduct, flagging procedures, equipment, positioning, use of both one and two flaggers and flagger safety. 15 minutes

Roadway Worker Safety: In the Zone (DVD)

Disk # 00192

This program covers the numerous hazards roadway workers face and offers ways to avoid injuries. 24 minutes

Safety First: Work Area Traffic Control (DVD)

Disk # 00336

This program shows field crews how to control traffic flows around the work site including the placement of speed limit signs, barricades, cones, stop signs, and other traffic-control equipment. Produced by the AWWA. 15 minutes

Traffic Control (DVD)**Disk # 00246**

This program covers the important role of traffic control for any well-planned construction or maintenance project focusing on safe practices. 16 minutes

Work Zone Safety Training (DVD)**Disk #**

This session defines what a work zone is, discusses the associated hazards, the importance of planning, describes the Manual on Uniform Traffic Control Devices, reviews traffic control measures and discusses the elements of an 'internal traffic control plan.' 31 minutes

Work Zone Traffic Control & Flagger Safety (DVD)**Disk # 00319**

This program discusses the need for proper traffic control to protect employees and the public and covers PPE, proper equipment, safe conduct and flagging procedures. 16 minutes

Trenching & Excavating**Cave-In! Trenching and Shoring Safety (DVD)****Disk # 00199**

This program addresses the serious issue working safely in trenches and provides an understanding of trench hazards and how to prevent cave-ins. 18 minutes

Trenching and Shoring: Meeting the Requirements (DVD)**Disk # 02990**

This program presents a general overview of the hazards, safety rules and emergency procedures related to trenching and shoring. 12 minutes

Trenching and Shoring Safety Competent Person (DVD)**Disk # 02953**

This program reviews the responsibilities of the competent person focusing on the cause of fatalities causes of cave-ins, hazardous atmospheres and soil classification and testing. 25 minutes

Trenching and Shoring: The Scott May Story (DVD)**Disk # 00235**

This program covers the applicable safety requirements of this dangerous activity and shares the lessons learned from the story of a worker killed in an excavation accident. 22 minutes

Trenching and Shoring: Understanding Excavation Safety (DVD)**Disk # 02957**

This video will give your employees an understanding on sloping, shoring, shielding, cave-in emergency procedures, dealing with heavy equipment and much more. 14 minutes

Trenching and Shoring in Construction Environments (DVD)**Disk # 00359**

Working in trenches is one of the most dangerous activities our members participate in. This program provides information so staff can work safely in and around trenches. Topics include an overview of hazards, the 'competent person,' soil types, protective systems and working defensively. 22 minutes

Workplace Violence

Active Shooter: Facts and Prevention (DVD)

Disk # 00362

This training explores the elements of an active shooter scenario featuring issues pertaining to schools, and looks at actions to take to be prepared. Topics covered include procedures for classrooms, hallways and larger areas, being trapped and contacting emergency personnel. 7 minutes

Active Shooter: How to Survive (DVD)

Disk # 00360

This program reviews the essentials for surviving an active shooter event. Emphasis includes recognizing a potential threat, providing information to police, key actions to survival and how to respond when law enforcement arrives. 7 minutes

Conflict Resolution – A Win-Win Approach (DVD)

Disk # 00288

This program provides understanding of the nature of conflict, common causes, the role of communication and successful skills for conflict resolution. 25 minutes

Dealing with Difficult Citizens (DVD)

Disk # 00041

This program reviews five difficult situations employees may face offering tips on how to address the situation, how to position yourself, interaction and maintaining control of the situation. 10 minutes

Dealing with the Irate Customer (DVD)

Disk # 00347

This program offers valuable tactics on dealing with an angry citizen, focusing on how to connect, show empathy and other approaches to utilize simple communication techniques that will help employees resolve disputes quickly and professionally. 21 minutes

Facility and Personnel Security: A Comprehensive Plan for a Safer Workplace (DVD)

Disk # 00289

This program covers physical security issues for public entity facilities and operations, violence in the workplace and computer security. 21 minutes

Flashpoint: Recognizing and Preventing Violence in the Workplace (DVD)

Disk # 00280

This program helps define workplace violence and educates viewers how to recognize behaviors of concern and the importance of early action and response options. 21 minutes

The Right Words at the Right Time...Customer Service Recovery for Government (DVD)

Disk # 02969

This program gives insight on how to turn a citizen's frustration or complaint into understanding by teaching employees how to match the signals they send with the words they say. 14 minutes

School Violence – Expect the Unexpected (DVD)



Disk # 00301

This program helps staff understand warning signs, how to de-escalate student threats and how to respond when appropriate. 20 minutes

Shots Fired: When Lightning Strikes (DVD)

Disk # 00281

Disk #00356

This program is a unique program designed to empower people with knowledge and strategies for preventing and surviving if confronted by an active shooter situation. 17 minutes

Violence Prevention – Recognizing the Threat (DVD)

Disk # 00361

This program emphasizes the first step in preventing workplace violence is recognizing the potential for violent behavior in an individual before it escalates. Warning signs to look for and actions to take if threatened are discussed. 8 minutes

Workplace Violence: The Myths and the Mystery (DVD)

Disk # 00276

This program presents an overview of workplace violence truths and offers information to help be prepared to deal with this potential issue. 16 minutes

Workplace Violence: the Early Warning Signs (DVD)

Disk # 00328

This program shares 10 distinct warning signs that could foretell violence in the workplace and emphasizes employees speaking up when appropriate. 17 minutes