



Midwest Public Risk Contacts For Missouri Members

Cigna Health Plans

- All plans utilize Open Access Plus Network.
- Contact Cigna at 1-800-cigna24 or www.mycigna.com for participating providers and plan information.



Once enrolled, you can register online and access membership information, medical and pharmacy benefits and claims.

- Pre-Certification: Use the contact number on your member identification card
- Choice Fund & Consumer Directed Health Plan RX: Contact Cigna at 1-800-cigna24 or www.mycigna.com

Delta Dental of MO

- "Delta Premier" Network: largest network of dentists
- "Delta PPO" Network: for enhanced PPO benefits
- Web access: www.deltadentalmo.com or call 1-800-335-8266



Eligibility and Billing - Benefit Management

- Contact Benefit Management at 1-877-627-2481
- Fax: 1-620-793-1199



Vision Services Plan (VSP)

- Call 1-800-877-7195 or visit www.vsp.com



New Directions Employee Assistance Program (EAP)

- Call 1-800-624-5544 or visit www.ndbh.com

