



# Midwest Public Risk Contacts For Kansas Members

## Cigna Health Plans

- All plans utilize Open Access Plus Network. Contact Cigna at 1-800-cigna24 or [www.mycigna.com](http://www.mycigna.com) for participating providers and plan information.

Once enrolled, you can register online and access membership information, medical and pharmacy benefits and claims.

- Pre-Certification: Use the contact number on your member identification card
- Choice Fund & Consumer Directed Health Plan RX: Contact Cigna at 1-800-cigna24 or [www.mycigna.com](http://www.mycigna.com)



## Delta Dental of KS

- "Delta Premier" Network: largest network of dentists
- "Delta PPO" Network: for enhanced PPO benefits
- Web access: [www.deltadentalks.com](http://www.deltadentalks.com) or call 1-800-234-3375



## Eligibility and Billing - Benefit Management

- Contact Benefit Management at 1-877-627-2481
- Fax: 1-620-793-1199



## Vision Services Plan (VSP)

- Call 1-800-877-7195 or visit [www.vsp.com](http://www.vsp.com)



## New Directions Employee Assistance Program (EAP)

- Call 1-800-624-5544 or visit [www.ndbh.com](http://www.ndbh.com)

